

Art Costa and Robert Garmston's

Cognitive Coaching

Foundation Training Seminar

Coaching to support The Art & Science of Teaching

CABOOLTURE, QLD

DAYS 1 & 2 Wednesday 2 and Thursday 3 April 2014

DAYS 3 & 4 Thursday 15 and Friday 16 May 2014

DAYS 5 & 6 Tuesday 19 and Wednesday 20 August 2014

DAYS 7 & 8 Tuesday 21 and Wednesday 22 October 2014

"A philosophy that is capable of transforming personal practice and also has the capacity of causing a systemic shift in the delivery of education in Australia."

Foundation Training Participant

What is Cognitive Coaching?

Cognitive Coaching is a model that requires the coach to be non-judgemental, to encourage reflective practice and to guide another person to self-directed learning. To encourage reflection, Cognitive Coaching focuses on a teacher's thinking, perceptions, beliefs and assumptions, and how these affect one's practices. A cognitive coach collects data and learns to pose questions to engage the teacher in reflective thinking. According to Costa and Garmston, a cognitive coach "...uses tools of reflective questioning, pausing, paraphrasing, and probing for specificity".

A cognitive coach helps another person "to develop expertise in planning, reflecting, problem-solving, and decision-making". It is a reciprocal learning process between both individuals. A good cognitive coach must be able to work effectively with different personality types, different learning styles, different philosophies and different stages of a teacher's development.

Looking to support your staff in implementing The Art & Science of Teaching framework?

Cognitive Coaching provides educators with the tools and skills necessary to support the implementation of The Art & Science of Teaching. The foundation training enables participants to work more successfully with teachers in coaching the thinking processes that lead to enhanced performance of their teaching practice.

During the eight-day training participants will:

- build trust by developing physical and verbal rapport
- facilitate thinking through questioning and develop greater precision in language
- develop a person's autonomy and sense of community by increasing their sense of efficacy and self-awareness
- distinguish between coaching and evaluation
- rehearse coaching interactions that are congruent with a variety of styles
- apply coaching skills which enhance the intellectual process

Research on Cognitive Coaching

Nine outcomes

1. Cognitive Coaching was linked with increased test scores and other benefits for students in the USA
2. Increased teacher efficacy
3. Cognitive Coaching impacted teacher thinking, causing them to be more reflective and to think in more complex ways
4. Teachers were more satisfied with their positions and with their choice of teaching as a profession
5. School cultures became more professional
6. Increased collaboration between staff
7. Cognitive Coaching assisted teachers professionally
8. Cognitive Coaching assisted teachers personally
9. Cognitive Coaching benefited people in fields other than teaching

Cognitive Coaching in Australia

Cognitive Coaching Foundation Training Seminars have been run in Australia since 2006 in all systems and states across Australia. Gavin Grift is a lead trainer of Cognitive Coaching in Australia and holds the position of International Outreach Manager of Thinking Collaboratively, which is the home of both Cognitive Coaching (Costa, Garmston) and Adaptive Schools (Garmston, Wellman).



Hawker Brownlow
Professional Learning Solutions



www.hbpls.com.au



03 8558 2400



03 8558 2456

Meet the Trainer

Lucy Fisher has worked as a principal for the past ten years. Her role in education has seen her serve as both classroom teacher and systems leader. She has led state-wide curriculum projects and has worked as a Learning Manager to support principals in the challenge of school improvement.

Lucy is an agency trainer in Cognitive CoachingSM, trained in Charlotte Danielson's Framework for Teaching. She facilitates numerous workshops for principals and school leadership teams across Tasmania and nationally on topics such as: utilising data to inform school directions, cognitive coaching, teacher observation and feedback and building purposeful and collaborative teams. Her consultancy work focuses on developing cultures for school improvement, strengthening instructional leadership and on building collaborative practices to improve student achievement.



VENUE

Time: 9:00am – 4:00pm
Venue: Centenary Lakes Function Centre
 16 Stringfellow Road, Via Riverview Street,
 Caboolture, QLD

RATE

\$2400 (inc GST) per person*

(this is for ALL 8 Days of training)

*Includes: **Cognitive Coaching Foundation Training:
 Learning Guide**

DATES

Days 1 & 2: Wed 2 and Thurs 3 April 2014

Days 3 & 4: Thurs 15 and Fri 16 May 2014

Days 5 & 6: Tues 19 and Wed 20 August 2014

Days 7 & 8: Tues 21 and Wed 22 October 2014

METHOD OF PAYMENT:

INVOICE

Please Invoice School/Institution (Official purchase order must be supplied)

Purchase Order Number: _____

CREDIT CARD

School/Organisation Credit Card Personal Credit Card

Visa Mastercard Amex (4% Surcharge)

Card Number:

Amount: \$ _____ Expiry Date: _____ Signature: _____

CHEQUE

Cheque – Please make cheque payable to Hawker Brownlow Professional Learning Solutions

SCHOOL / ORGANISATION

School/Institution: _____

Address: _____

State: _____ Postcode: _____

Phone B.H. (____) _____

Fax: (____) _____

Email Address for Invoice: _____

REGISTRANT

Name: _____

Position: _____

Mobile: _____

Email: _____

Dietary Requirements: _____

Essential Information: Please provide email address as all registrations will be confirmed by email.

Email: _____

I would like to receive emails from Hawker Brownlow Professional Learning Solutions about future workshops, conferences and the latest publications.



P.O. Box 580, Moorabbin, VIC 3189

Fax: + 61 3 8558 2400 or 1800 150 445 • **Email:** info@hbpls.com.au
Ph: + 61 3 8558 2456 • **W:** www.hbpls.com.au • **ABN:** 74 140 155 111