

Art Costa and Robert Garmston's

Cognitive Coaching

Foundation Training Seminar

Coaching to support The Art & Science of Teaching

SUNSHINE COAST, QLD

DAYS 1 & 2 Thursday 16 & Friday 17 October 2014

DAYS 3 & 4 Thursday 27 & Friday 28 November 2014

DAYS 5 & 6 Wednesday 25 & Thursday 26 February 2015

DAYS 7 & 8 Wednesday 29 & Thursday 30 April 2015

"A philosophy that is capable of transforming personal practice and also has the capacity of causing a systemic shift in the delivery of education in Australia."

Foundation Training Participant

What is Cognitive Coaching?

Cognitive Coaching is a model that requires the coach to be non-judgemental, to encourage reflective practice and to guide another person to self-directed learning. To encourage reflection, Cognitive Coaching focuses on a teacher's thinking, perceptions, beliefs and assumptions, and how these affect one's practices. A cognitive coach collects data and learns to pose questions to engage the teacher in reflective thinking. According to Costa and Garmston, a cognitive coach "...uses tools of reflective questioning, pausing, paraphrasing, and probing for specificity".

A cognitive coach helps another person "to develop expertise in planning, reflecting, problem-solving, and decision-making". It is a reciprocal learning process between both individuals. A good cognitive coach must be able to work effectively with different personality types, different learning styles, different philosophies and different stages of a teacher's development.

Looking to support your staff in implementing The Art & Science of Teaching framework?

Cognitive Coaching provides educators with the tools and skills necessary to support the implementation of The Art & Science of Teaching. The foundation training enables participants to work more successfully with teachers in coaching the thinking processes that lead to enhanced performance of their teaching practice.

During the eight-day training participants will:

- build trust by developing physical and verbal rapport
- facilitate thinking through questioning and develop greater precision in language
- develop a person's autonomy and sense of community by increasing their sense of efficacy and self-awareness
- distinguish between coaching and evaluation
- rehearse coaching interactions that are congruent with a variety of styles
- apply coaching skills which enhance the intellectual process

Research on Cognitive Coaching

Nine outcomes

1. Cognitive Coaching was linked with increased test scores and other benefits for students in the USA
2. Increased teacher efficacy
3. Cognitive Coaching impacted teacher thinking, causing them to be more reflective and to think in more complex ways
4. Teachers were more satisfied with their positions and with their choice of teaching as a profession
5. School cultures became more professional
6. Increased collaboration between staff
7. Cognitive Coaching assisted teachers professionally
8. Cognitive Coaching assisted teachers personally
9. Cognitive Coaching benefited people in fields other than teaching

Cognitive Coaching in Australia

Cognitive Coaching Foundation Training Seminars have been run in Australia since 2006 in all systems and states across Australia. Gavin Grift is a lead trainer of Cognitive Coaching in Australia and holds the position of International Outreach Manager of Thinking Collaboratively, which is the home of both Cognitive Coaching (Costa, Garmston) and Adaptive Schools (Garmston, Wellman).



Hawker Brownlow
Professional Learning Solutions



www.hbpls.com.au



03 8558 2400



03 8558 2456

Meet the Trainer

Gavin Grift is currently Director of Professional Learning for Hawker Brownlow Professional Learning Solutions. With experience as a teacher, assistant principal and educational coach, Gavin connects with audiences on topics ranging from Cognitive Coaching and quality teacher practice to professional learning communities, collaboration and learning-centred leadership. Gavin is an author of numerous articles and books including *Assessing the Whole Child* (2007) and *Teachers as Architects of Learning* (2013). Gavin has led the establishment of the Professional Learning Communities Network to numerous Australian Schools.



SEMINAR DETAILS

TIME: 9:00am – 4:00pm

DAY 1 & 2 - Centenary Lakes Function Centre

16 Stringfellow Rd, Caboolture QLD 4506

Days 3 - 8 - Maroochy RSL

Memorial Ave, Maroochydore QLD 4558

RATE

\$2400 (inc GST) per person*

(this is for ALL 8 Days of training)

*Includes: **Cognitive Coaching Foundation Training: Learning Guide**

DATES

Days 1 & 2: Thurs 16 & Fri 17 October 2014

Days 3 & 4: Thurs 27 & Fri 28 November 2014

Days 5 & 6: Wed 25 & Thurs 26 February 2015

Days 7 & 8: Wed 29 & Thurs 30 April 2015

METHOD OF PAYMENT:

INVOICE

Please Invoice School/Institution (Official purchase order must be supplied)

Purchase Order Number: _____

CREDIT CARD

School/Organisation Credit Card Personal Credit Card

Visa Mastercard Amex (4% Surcharge)

Card Number:

Amount: \$ _____ Expiry Date: _____ Signature: _____

CHEQUE

Cheque – Please make cheque payable to Hawker Brownlow Professional Learning Solutions

SCHOOL / ORGANISATION

School/Institution: _____

Address: _____

State: _____ Postcode: _____

Phone B.H. (____) _____

Fax: (____) _____

Email Address for Invoice: _____

REGISTRANT

Name: _____

Position: _____

Mobile: _____

Email: _____

Dietary Requirements: _____

Haven't received a confirmation email?

If you haven't received one you aren't registered.

Check your registration with us!



FL1348

P.O. Box 580, Moorabbin, VIC 3189

Fax: + 61 3 8558 2400 or 1800 150 445 • **Email:** info@hbpls.com.au
Ph: + 61 3 8558 2456 • **W:** www.hbpls.com.au • **ABN:** 74 140 155 111