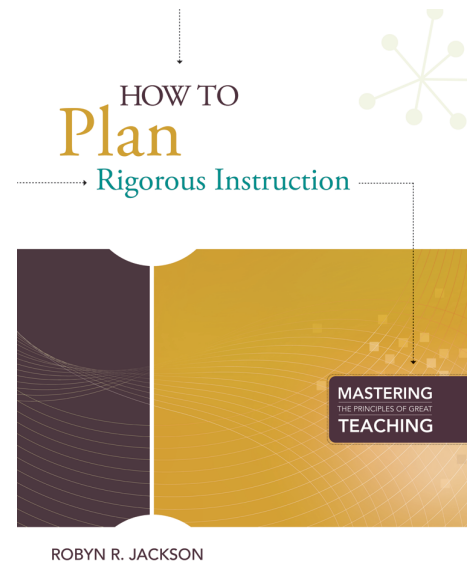


How to Plan Rigorous Instruction

Author: Robyn R. Jackson

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Summary:

In this guide, Robyn R. Jackson takes you step by step through the process of planning rigorous instruction – what great teachers do to set a learning destination that's worth working towards and ensure that the path students take to get there will help them pass the big tests and become engaged learners, effective problem solvers and critical thinkers. Here, you'll learn how to:

- Create a rigorous unit assessment to guide your instruction and ensure content mastery.
- Select rigorous content by examining the type of thinking you want students to engage in and the type of understanding you want them to acquire.
- Choose rigorous instructional strategies by looking at ways to help students grasp new content and acquire new skills, apply what they are learning in a meaningful way, use thinking processes to synthesise new understandings, and adapt these understandings to new contexts across disciplines.
- Create a rigorous learning unit tailored to your classroom content and the students you teach.

This how-to guide includes self-assessments, worksheets, planning templates, process outlines, checklists, links to online resources, suggested activities and prompts for reflection.

If we want all our students to become better thinkers and learners, we must design rigorous learning experiences that go beyond helping them simply master learning goals.

This book is a part of the *Mastering the Principles of Great Teaching* series, which helps teachers of all experience levels apply the principles to address everyday classroom challenges and build mastery mindset.

**Hawker Brownlow**
EDUCATION
PO Box 580
Moorabbin VIC 3189
Tel: +61 3 8558 2444
Fax: +61 3 8558 2400
Web: www.hbe.com.au
Email: orders@hbe.com.au

Supporting Resources:

- *Never Work Harder than your Students & Other Principles of Great Teaching* (109001)
- *How to Support Struggling Students* (110073)
- *Rigorous Schools and Classrooms: Leading the Way* (EYE9966)
- *Rigor in Your School: A Toolkit for Leaders* (EYE9959)