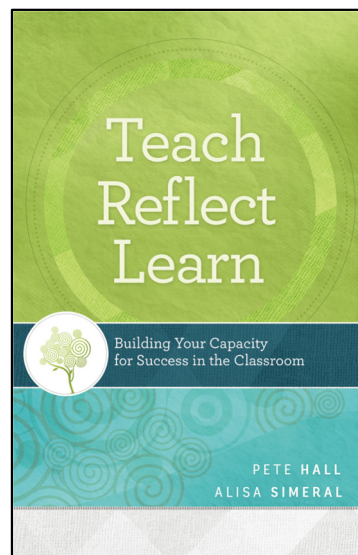


# Teach, Reflect, Learn: Building Your Capacity for Success in the Classroom

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## Summary

As a teacher, you work hard to make a positive difference in the lives of your students. But this kind of progress doesn't happen overnight, and it doesn't happen accidentally. It's the result of intentionality, planning, effort... and thought.

The difference between learning a skill and being able to implement it effectively resides in your capacity to engage in deep, continuous thought about that skill. In other words, recognising why you do something is often more important than knowing how to do it.

To help you deepen your thoughts and reflect on your capacity as an educator, Pete Hall and Alisa Simeral return to the Continuum of Self-Reflection, which they introduced to coaches and administrators in their best-selling *Building Teachers' Capacity for Success*, and redesign its implementation so teachers can take charge of their own professional growth.

In these pages, you'll find tool specifically made to enhance self-reflection of professional practice, including the Continuum of Self-Reflection and the Reflective Cycle. You'll be able to assess your current self-reflective tendencies, identify opportunities to reflect on your instruction and begin to forge a path toward continuous growth and educational excellence.

## Other Resources

- *The Reflective Educator: A Collaborative Approach to Building Teachers' Capacity DVD* (616027)
- *The Reflective Educator Bundle* (115000)
- *The Principal's Companion: Strategies to Lead Schools for Student and Teacher Success, Fourth Edition* (CO7496)
- *Building Teachers' Capacity for Success: A Collaborative Approach for Coaches and School Leaders* (109002)
- *How to Create a Culture of Achievement in Your School and Classroom* (111014)