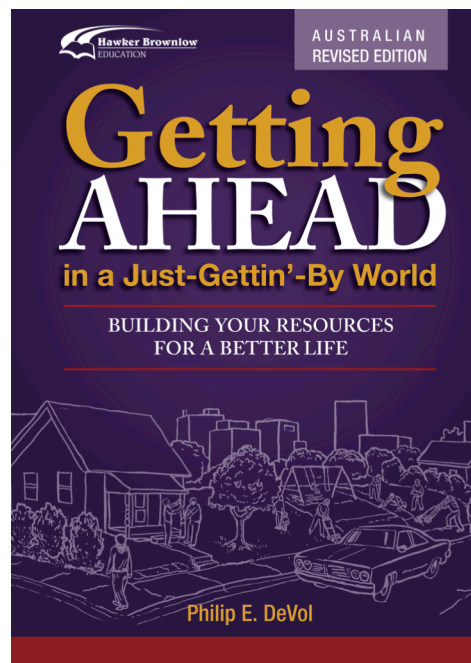


Getting Ahead in a Just-Gettin'-By World Workbook

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Format: A4, 254 pages
Age Group: Adult
Category: Gifted & Support;
Personal & Social
Awareness; Activities &
Exercises



Summary:

If you've spent part of your life – or most of your life – struggling to get by in the world, the idea of actually getting ahead might seem out of reach. But even if your story has been filled with barriers, vanishing opportunities and setbacks, the next chapter can change all that. Yes, you have to write it, but you don't have to do it alone. *Getting Ahead in a Just-Gettin'-By World* takes you step by step through a discovery of yourself like no other. It's not just about how you got where you are now. It's also about what comes next to build the life you want. Plus, this workbook helps you develop relationships with people who will support you all along the way. You will investigate:

- The realities of conditions in your community and how they impact you
- Some of the "hidden rules" for getting ahead
- Skills that give you confidence to do what it takes to get ahead
- How to build resources and make connections at home and at work
- Ways to deal with change and create stability in your life

This next chapter of your life isn't about what others want. It's about what you want – and taking charge of your life to build your future story.

Supporting Resources:

- Facilitator Notes for Getting Ahead in a Just-Gettin'-By World* (AHA8788)
- Bridges Out of Poverty* (AHA8834)
- A Framework for Understanding Poverty* (AHA8885)
- Bridges to Sustainable Communities* (AHA6002)


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