

Secrets From the Middle: Making Who You Are Work For You

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Summary

You are who you are. You have a personality, a background, a belief system. To survive in a classroom with adolescents, you cannot turn on or off who you really are. That would be incredibly exhausting. Of course, you can make modifications and adjustments – that is called survival. The key is to make “who you are” work for you and ultimately for your students.

Elyse S. Scott’s book about what she learned from her 30-plus years teaching the middle years provides support for practising teachers and anyone else who faces the challenge and joy of spending their days with young adolescents. Be inspired to tackle the nitty gritty of real-life teaching experience by marshalling your inner strength and tapping into all available resources. Learn how to take the risky step of thoroughly investing your authentic self with students to forge a relationship essential for their learning. Learn how to

- establish trust with your students
- be honest and share your real self with them
- gain their respect and cooperation
- keep them engaged and enthusiastic.

Whether in PLCs, workshops or staff meetings, educators can use this book as a guide to self-assess their interactions with adolescents, their view of their role in the classroom and their place in the middle years community.

Other Resources

- *Managing the Madness: A Practical Guide to Middle Years Classrooms* (NM6101)
- *Professional Development: What Works, 2nd Edition* (EYE0503)
- *Be a CHANGEMASTER: 12 Coaching Strategies for Leading Professional and Personal Change* (CO3832)