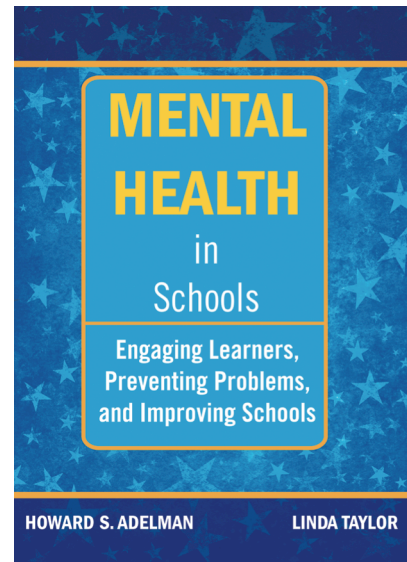


Mental Health in Schools: Engaging Learners, Preventing Problems, and Improving Schools

Authors: Howard S. Adelman and Linda Taylor

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Summary:

For many children, schools are the main or only providers of mental health services. In this visionary and comprehensive book, two nationally known experts describe a new approach to school-based mental health—one that better serves students, maximises resources, and promotes academic performance. Howard S. Adelman and Linda Taylor describe how educators can effectively coordinate internal and external resources to support a healthy school environment and help students who are at risk to overcome barriers to learning. School leaders, psychologists, counsellors and policy makers will find essential guidance, including:

- An overview of the history and current state of school mental health programs, covering major issues confronting the field
- Strategies for effective school-based initiatives, including addressing behaviour issues, introducing classroom-based activities, and coordinating with community resources
- A call to action for higher-quality mental health programming across public schools—including information on how collaboration, research and advocacy can make a difference

Gain the knowledge you need to develop or improve your school's mental health program to better serve both the academic and mental health needs of your students!

Supporting Resources:

- *Psychiatric Disorders: Current Topics and Interventions for Educators* (CO5647)
- *Cognitive Psychology* (SA3658)
- *Let's Talk: Using Personal Construct Psychology to Support Children and Young People* (SA4162)

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