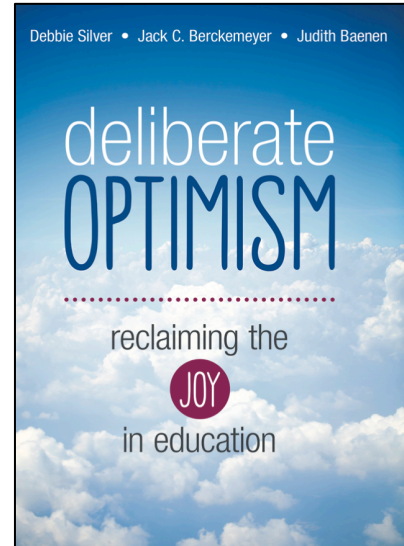


Deliberate Optimism: Reclaiming the Joy in Education

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Summary

Recharge the optimism that made you and educator in the first place! School is where students and staff should feel safe, engaged and productive – and choosing optimism is the first step toward restoring healthy interactions necessary for enacting real change.

In this book, learn to implement the Five Principles of Deliberate Optimism. Research-based strategies, practical examples and thought provoking scenarios help you

- rediscover motivation
- take a positive view of events beyond your control
- build an optimistic classroom where students flourish
- partner with other stakeholders to create an optimistic learning environment.

Deliberate Optimism: Reclaiming the Joy in Education is a book for anyone involved in education. It is written by three lifelong educators who cumulatively have taught almost every kind of student at every year level. Whether you are a beginning preservice teacher, a veteran secondary school department head, a school leader or anyone in between, you will find inspiration for doing what you currently do as well as positive, pragmatic steps you can take to build or maintain a sense of autonomy, competence and relevance in your role.

Take the road to new potential and positive outcomes! With a healthy dose of humour to make it fun, *Deliberate Optimism* shows you the actual differences a change in attitude can make.

Supporting Resources

- *Engaging Minds in the Classroom: The Surprising Power of Joy* (113020)
- *Engaging Minds in English Language Arts Classrooms: The Surprising Power of Joy* (113021)
- *Engaging Minds in Social Studies Classrooms: The Surprising Power of Joy* (113022)
- *Engaging Minds in Science and Math Classrooms: The Surprising Power of Joy* (113023)