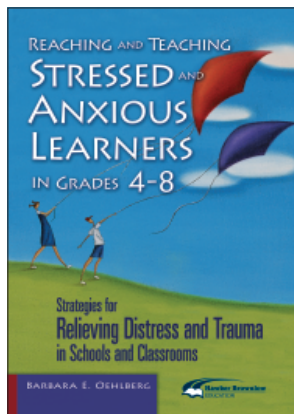


Hawker Brownlow Education

Reaching and Teaching Stressed and Anxious Learners in Grades 4–8

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Summary:

This important new resource helps educators understand how trauma and stress interfere with cognitive skills, and how classroom and school activities can be used to restore feelings of safety, empowerment, and wellbeing. Topics include:

- Neurobiology of the developing child and how cognitive lock-out from the neocortex occurs during stress responses
- Strategies for reactivating cognitive skills, memory, and the ability to learn following stress responses
- How acting-out behaviours are linked to stress and trauma

These programs and strategies enhance feelings of safety and optimism in learning environments, transforming hopelessness and anxiety into resiliency and hope.

Supporting Resources:

- CO6343 – Emotional Intelligence and Academic Achievement
- CO5290 – Failure is Not an Option
- CO5878 – Teaching Emotional; Intelligence



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