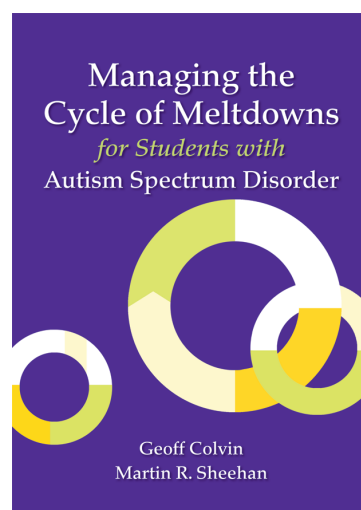


# Managing the Cycle of Meltdowns for Students with Autism Spectrum Disorders

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## Summary:

A highly charged word that typically brings much dismay to parents, educators and service providers of children with autism spectrum disorder (ASD) is *meltdowns*. In general, meltdowns refer to the extreme actions exhibited by children with ASD when they reach an intense state of out-of-control behaviour, such as screaming, tantrums, destruction of property, thrashing on the floor, running away, physical tension, and physical attacks on self and others. These outbursts can pose serious safety concerns and can substantially disrupt the environment

This hands-on, practical, teacher-friendly approach to preventing as well as responding to the acting-out behaviours of students with autism spectrum disorders (ASD) includes detailed procedures for general and special education teachers.

It is based on the model described in Colvin's bestselling book, *Managing the Cycle of Acting Out Behaviour in the Classroom*, which presents a 7-step model for confronting challenging behaviour in the classroom, from the calm phase to the agitation phase to the de-escalation phase.

Of special importance in this book is the attention paid to how challenging behaviours of students with ASD are related to the disability, specifically the role of sensory and medical issues. Based on a well-researched model, the methods in this book have been field-tested, and teachers will find experienced guidance for providing a supportive environment in which students with ASD can succeed.

## Related Resources:

- *Educating Young Children with Autism Spectrum Disorders (CO6376)*
- *Teaching Students with Autism Spectrum Disorders (CO7021)*

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