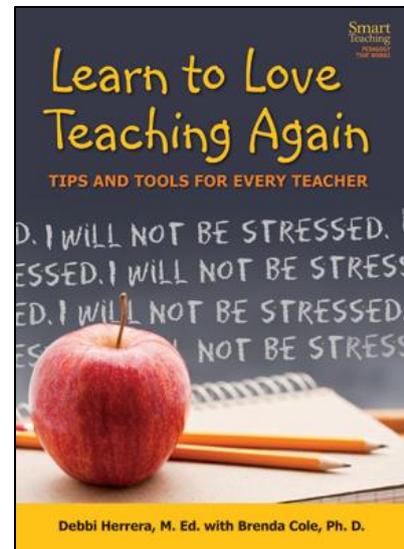


# Learn to Love Teaching Again: Tips and Tools for Every Teacher

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**Date Available:** October 2018  
**ISBN:** 9781760562465  
**Code/SKU:** INA2465  
**RRP:** \$29.95  
**Format/Page No.:** A4, 236 pages  
**Year Level:** Teachers and Administrators  
**Focus Area:** Professional Development, Health and Wellbeing  
**Key Learning Area:** Cross-Curricular



## Summary

Did you start teaching with passion, energy and hope? And are you now bogged down by too much to do, too little time, stressful tests, endless paperwork, changing expectations, difficulties with parents, new programs, loads of take-home work, hard-to-handle students, lack of community respect, feelings of isolation and burdens of accountability – all with seemingly little support?

*Learn to Love Teaching Again* supplies you with downright good advice, plus hundreds of tips and tools to help rekindle the joys and fulfilments of teaching.

Enjoy the easy-to-use format, sprinkled with stories and humour, as you learn how to ...

- Recognise and lessen your job stress
- Reduce that mountain of paperwork
- Lose your fear of parents and turn them into supportive helpers
- Get out of the police-officer mode and manage a less-chaotic classroom
- Say not to extra duties when they're begging you to say yes
- Respond to the needs of special learners – with greater ease and less frustration
- Stay sane in the face of textbooks to finish, tests to mark and reports to write
- Keep your principal from becoming one of your major stressors
- Fall in love, again, with your wonderful profession!

A **must** for every teacher, principal, educational assistant and leader.

## Other Resources

- *Heart!: Fully Forming Your Professional Life as a Teacher and Leader* (SOT3240)
- *Now We're Talking! 21 Days to High-Performance Instructional Leadership* (SOT5862)
- *Mindfulness Practices: Cultivating Heart Centered Communities Where Students Focus and Flourish* (SOT8849)