

# Managing the Inner World of Teaching: Emotions, Interpretations, and Actions

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**Year Level:** Teachers and Administrators  
**Focus Area:** Classroom Practice and Direct Instruction, Health and Wellbeing, Personal and Social Skills, Professional Development

## Key Learning

**Area:** Cross-Curricular

## Supplemental

**Resource:** Download reproducible resources at [go.hbe.com.au](http://go.hbe.com.au)

## Summary

*Managing the Inner World of Teaching: Emotions, Interpretations, and Actions* by Robert J. Marzano and Jana S. Marzano focuses on an issue often overlooked in schools: teachers' thoughts and feelings. By understanding and monitoring their emotions, interpretations and actions, teachers can transform their instructional practices.

The authors expertly guide readers through three management phases – awareness, analysis and choice – and provide questions to purposefully manage teachers' positive and negative actions. Teachers can use this understanding to enhance classroom practice and student learning.

Using *Managing the Inner World of Teaching*, F–12 teachers will

- understand the inner world of teaching – their emotions, interpretations and actions – and analyse how it effects their instructional practices
- use the three-phase management process – awareness, analysis and choice – every day to ensure success
- gain effective strategies and activities to enhance the lives of their students and learn to honour each student's self-system.

## Supporting Resources

- *Leading with Teacher Emotions in Mind* (CO8389)
- *Becoming an Emotionally Intelligent Teacher* (CO5654)
- *Inspire, Motivate, Collaborate: Leading with Emotional Intelligence* (NM0963)
- *Essentials for Principals: Creating Physical & emotional Security in Schools, Second Edition* (SOT5263)

