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# WHAT? WHO? WOW!

School, studying, learning, notes, HOMEWORK, EXAMS, and years of it. All occupying our lives and a routine part of it too. Therefore, wouldn't it be great to find a way to make studying easier, your grades better, and spend less time at it?



This year I learned from Tony about a new, shall we say, learning method. Ever since, I have spent less time studying and doing homework and have been getting better grades.

**LESS TIME STUDYING AND BETTER GRADES!!!**

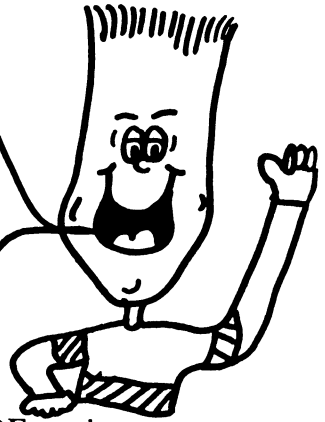
Too good to be true?

No, too good and too true!

# INTRODUCTION

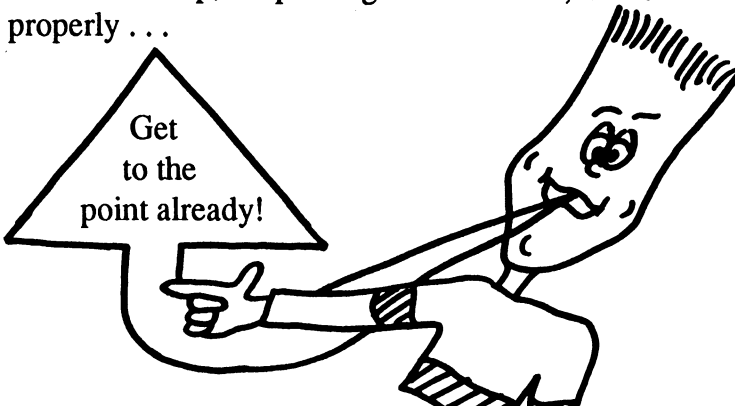
HELLO!!! Did I hear this right?  
BETTER GRADES and LESS  
TIME STUDYING!!!

Wow, I think that we should  
become acquainted and fast. My  
name is Spike and I'm ready to  
become an Instant Genius!

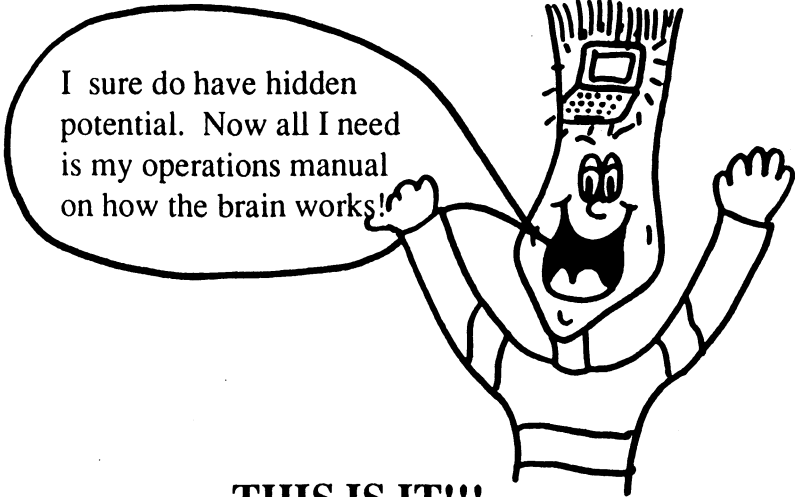


Spike, believe it or not, you already ARE an instant genius. See, everyone is born a genius. It is simply a matter of learning how to operate the incredible biocomputer you possess - your brain. Once you accomplish this, you're on your way to sweet success!

The first step is to learn about your brain and how it works. When you buy a new game or a bicycle, you receive at least a ten to twenty page manual on how to assemble it and how it works. Similarly, if you buy a computer you get at least a two hundred page manual on how to set it up, keep it in good condition, use it properly . . .



The point is that you contain the most amazing computer in this world - yes, your brain! Just by walking, hitting a ball, or doing a dance step, your brain does more complicated math than advanced college calculus.

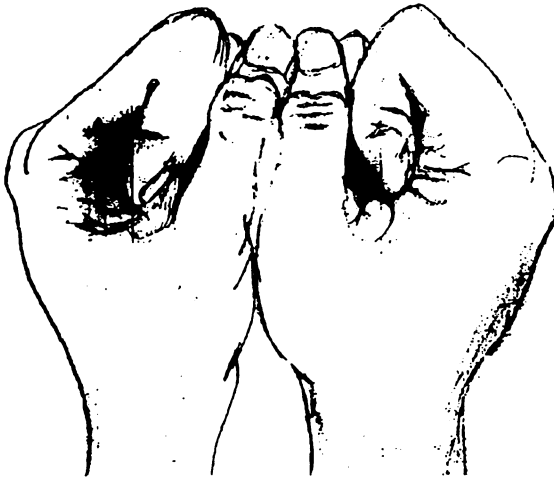


**THIS IS IT!!!**

# PART I

## THE MAGIC OF YOUR MIND

Your brain is divided into two sides which are connected by a complicated series of nerves called the corpus callosum. If you put both of your fists together, you can see the actual size of your brain.



The two sides are known as the left and right hemispheres, often called the "left and right brain." The left brain processes the more "academic" and linear activities, while the right brain processes imaginative activities (see next diagram). However, what has recently been determined is that both sides of the brain work together as a team, although one side may play a larger role in controlling certain functions. This teamwork between both hemispheres is also responsible for producing your creativity.