



Contents

S potlight on You!	4-5
A Day in Your Life	6-7
O n the Day You Were Born	8
T he History of My Life (...So Far!)	9-11
M ake a Family Dictionary	12-14
T he History of Your Family (Your Family Tree)	15-17
M ake a Family Coat of Arms	18-20
A Family Newspaper	21-23
F avourite Family Recipes	24-25
S etting the Table: Serviettes	26
F amily Place Cards	27
F amily Traditions	28-29
A Family Time Capsule	30-31

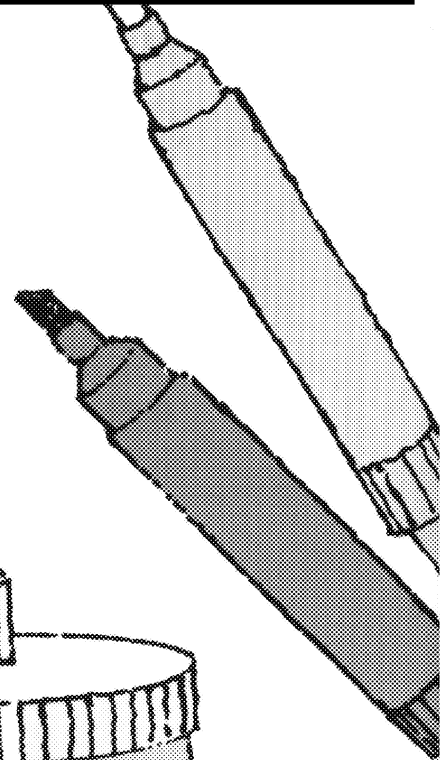
Spotlight on **You!**

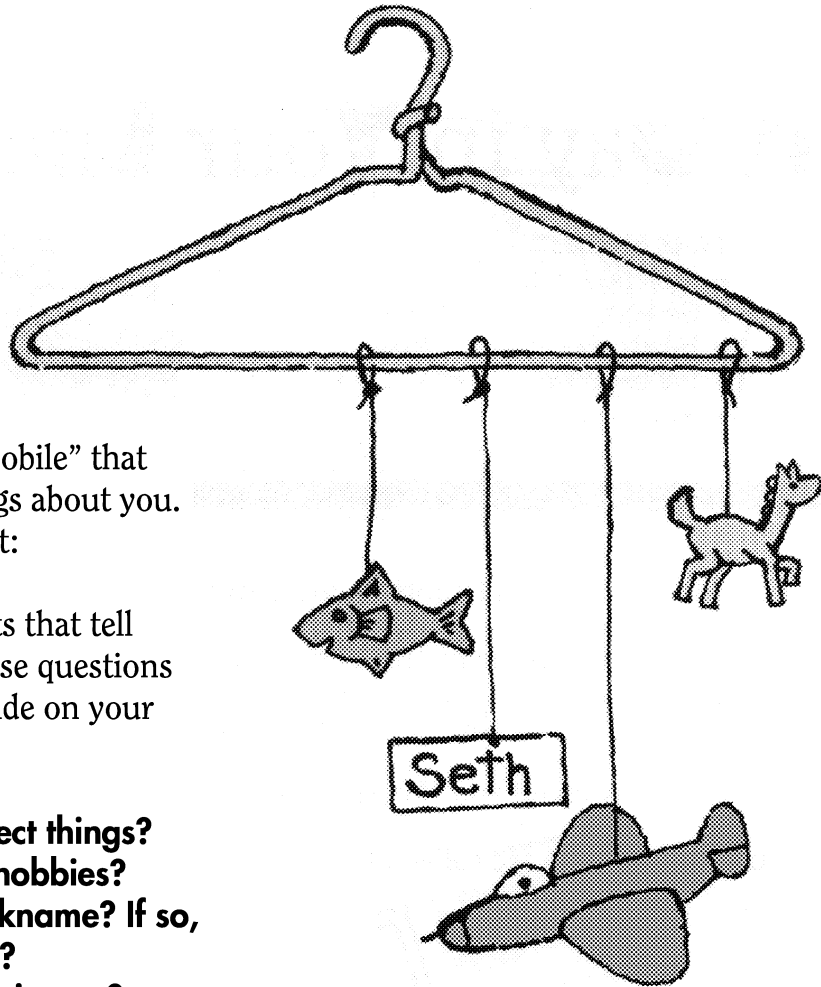
YOU NEED:

- ★ A heavy wire coat hanger
- ★ String, ribbon, or wool
- ★ A paper punch
- ★ Plain or lined paper
- ★ Construction paper
- ★ Pen or pencils
- ★ Crayons or markers
- ★ Scissors
- ★ Glue or paste
- ★ Objects that tell about you
- ★ An adult to help you

You are a special person. As a matter of fact,
there is no one else in the world like you.

There are lots of things
that you do or say that make you . . . **you!**





You can make a “Me Mobile” that shows some special things about you. Here is how you can do it:

1. Choose some objects that tell about you best. These questions might help you decide on your objects.
 - ★ Do you like to collect things?
 - ★ Do you have any hobbies?
 - ★ Do you have a nickname? If so, how did you get it?
 - ★ What’s your favourite toy?
Colour? Place? Book? Animal?
Song? Food?
 - ★ What sports do you like to play?

2. Gather all your objects together. Or cut pictures of some of your objects out of old magazines. Be sure to get permission first!
3. Tie string, ribbon, or wool around each of your objects. Then, tie the other end of the string to the hanger.

If you have cut pictures from old magazines, glue the pictures to some construction paper. Then poke a hole in a corner of the construction paper. Thread your string through the hole.

If you want to, you can attach a short story to the mobile that tells more about you. (If you can’t write it yourself, ask someone to help.)