

Contents

Corresponding pages in:

Inventory of Early Development	Developmental Record Book		
1-20	2	A Preambulatory Motor Skills and Behaviors	4
21-44	3-4	B Gross-Motor Skills and Behaviors	5-6
45-69	5-6	C Fine-Motor Skills and Behaviors	7-9
70-92	7-9	D Self-Help Skills	9-12
94-123	10-12	E Speech and Language Skills	12-15
124-159	13-15	F General Knowledge and Comprehension	15-20
160-179	16-17	G Social and Emotional Development	20-22
180-192	18	H Readiness	22-23
193-220	19-20	I Basic Reading Skills	24-26
222-232	21	J Manuscript Writing	27
234-253	22-23	K Basic Maths	28-29

A PREAMBULATORY MOTOR SKILLS & BEHAVIORS

Recording Symbols

- Not assessed
- Assessed and set as an objective
- Introduced but not achieved
- Skill has been achieved

Names of Children

	A-1 Supine Position (pp. 3-6)												A-2 Prone Position (pp. 7-10)								
	0-1	1	2	3	4	5	6	7	8	9	10	11	12	0-1	1	2	3	4	5	6	
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* This is a "disappearing" behavior. (See Note 3 on page 2 in Inventory.)
 ** This skill may be assessed in the sitting position.

*** *Crawling and Creeping*: Creeping differs from crawling in that the legs and arms are used in opposition to one another.

		A-3 Sitting Position (pp. 11-14)										A-4 Standing Position (pp. 15-18)																		
		07 7. Supports most of weight on hands.	8. Crawls,*** dragging body.	9. Creeps** on hands and knees (or scoots on buttocks).	010 10. Changes from creeping to sitting position. 011	01 1. Head set forward with some control but also with some bobbing.*	2. Steadies head but does not hold it erect.*	3. Attempts to right self when tilted.	04 4. Sits when supported.	5. Sits briefly unsupported, may lean forward on hands.	6. Sits steadily with little risk of overbalancing.	07 7. Sits erect and unsupported for five minutes.	8. Pivots.	9. Goes from sitting to creeping position without losing control.	010 10. Sits with enough balance and support to free hands for an activity such as pat-a-cake. 011	03 1. Supports a small fraction of weight briefly.	2. Lifts one foot (stepping movement) when held in a supported standing position.	3. Supports approximately half of weight briefly.	4. Supports most but not all weight.	07 5. Supports full weight when balanced.	6. Stands holding on to an object for support.	7. Walks with both hands held.	010 8. Pulls to standing position.	9. Walks with one hand held (when led).	10. Walks alone.	110 11. Gets to standing position without support.	12. Walks well and rarely falls. 13			
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B-3 Stairs and Climbing (pp. 27-28)												B-4 Running (pp. 29-30)												B-5 Jumping (pp. 31-32)												
10	1.	Creeps up stairs.										10	1.	Runs stiffly, with some falling.										10	1.	Attempts jump with one hand held.										
	2.	Creeps down stairs backward.										20	2.	Runs well, rarely falling.											20	2.	Attempts jump without hand held.									
10	3.	Walks up stairs, with one hand held.										30	3.	Runs well, stopping and starting with ease.											20	3.	Jumps off floor with both feet.									
	4.	Walks down stairs, with one hand held.										40	4.	Runs leaning forward with most of weight on the balls of the feet and arms swinging at sides. . . .											40	4.	Jumps over small object such as a blackboard duster.									
	5.	Walks alone up stairs, both feet on each step.										50	5.	Skips on one foot.											50	5.	Broad-jumps (both feet together) a distance of 15 centimetres.									
20	6.	Walks alone down stairs, both feet on each step.										60	6.	Gallops, but inefficiently.											60	6.	Jumps four times consecutively.									
	7.	Walks up stairs, alternating feet, with one hand held.										70	7.	Runs 45 metres in fifteen seconds.											70	7.	Broad-jumps over an object or string 5 centimetres high.									
	8.	Walks down stairs, alternating feet, with one hand held.										80	8.	Runs 45 metres in twelve seconds.											80	8.	Broad-jumps a distance of 25 centimetres.									
30	9.	Walks up stairs, alternating feet while holding rail.										90	9.	Skips on one foot.											90	9.	Jumps forward ten times.									
	10.	Walks down stairs, alternating feet while holding rail.										100	10.	Gallops skilfully, without difficulty. *a											100	10.	Jumps backward once.									
10																								50	11.	Jumps rope three consecutive jumps.										

B GROSS-MOTOR SKILLS & BEHAVIORS (continued)

Recording Symbols

- Not assessed
- Assessed and set as an objective
- Introduced but not achieved
- Skill has been achieved

Names of Children

	B-5 (cont'd.)	B-6 Hopping (pp. 33-34)	B-7 Kicking (pp. 35-36)
1	12. Jumps backward two consecutive jumps. 13. Jumps rope ten consecutive jumps. 14. Jumps backward five consecutive jumps. ^{7a}	1. Hops once on preferred foot, with one hand held for balancing support. 2. Hops on preferred foot one hop. 3. Hops on preferred foot three hops. 4. Hops on preferred foot five hops. 5. Hops on other foot one hop. 6. Hops on other foot three hops. 7. Hops on other foot five hops. 8. Hops a distance of 3 metres on preferred foot. 9. Hops a distance of 3 metres on other foot. 10. Hops a distance of 15 metres on preferred foot. ^{7a}	1. Rolls 23-cm ball by pushing foot against it without losing balance (no backward swing). 2. Kicks flexing lower leg on backward swing and with very little or no arm opposition (movement). 3. Walks up and kicks a stationary 23-cm ball. 4. Kicks 23-cm ball with a definite backward and forward leg swing... 5. Does a coordinated kick with good backward and forward leg swing, arm opposition (movement)... 6. Takes two or more coordinated steps and kicks a 23-cm ball. 7. Runs forward and kicks a rolled 23-cm ball. ^{7a}
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B-8 Balance Beam (p. 37)										B-9 Catching (pp. 38-39)										B-10 Rolling and Throwing (pp. 40-41)																																																																																							
1.0	1.	Walks balance beam with both hands held.	1.0	1.	Catches a bounced 23-cm ball by "hugging" it to the body.	1.0	1.	Rolls a 23-cm ball back and forth in a game while in a sitting position.				2.0	2.	Stands with both feet on balance beam without assistance.	2.0	2.	Catches a bounced 23-cm ball with hands and chest.	2.0	2.	Hurls a tennis ball.				3.0	3.	Walks forward using hands to aid balance.	3.0	3.	Catches a thrown 23-cm ball by "scooping" under the ball and trapping it to the chest.	3.0	3.	Throws a ball with both hands from an overhead position.				4.0	4.	Walks balance beam with hands at side.	4.0	4.	Catches a bounced 23-cm ball with both hands.	4.0	4.	Throws a playground ball by holding the ball above the shoulders. . . .				5.0	5.	Walks balance beam heel-to-toe.	5.0	5.	Catches a thrown 23-cm ball with both hands.	5.0	5.	Throws a tennis ball a distance of 3 metres.				6.0	6.	Walks balance beam backward toe-to-heel. 7.0	6.0	6.	Catches a thrown 23-cm ball with hands and chest.	6.0	6.	Throws a ball from a position behind the head, with horizontal rotation of the body. . .				7.0	7.		7.0	7.	Catches a thrown tennis ball with both hands.	7.0	7.	Throws a ball from a position behind the head, with body rotation and with a forward step.				8.0	8.		8.0	8.	Catches a thrown tennis ball with both hands.	8.0	8.	Throws a tennis ball a distance of 6 metres.				9.0	9.		9.0	9.	Catches a thrown tennis ball with one hand. 7.0	9.0	9.	Throws with a mature or skilled form; shifts weight as body is rotated in preparation for throwing. . . . 7.0			

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