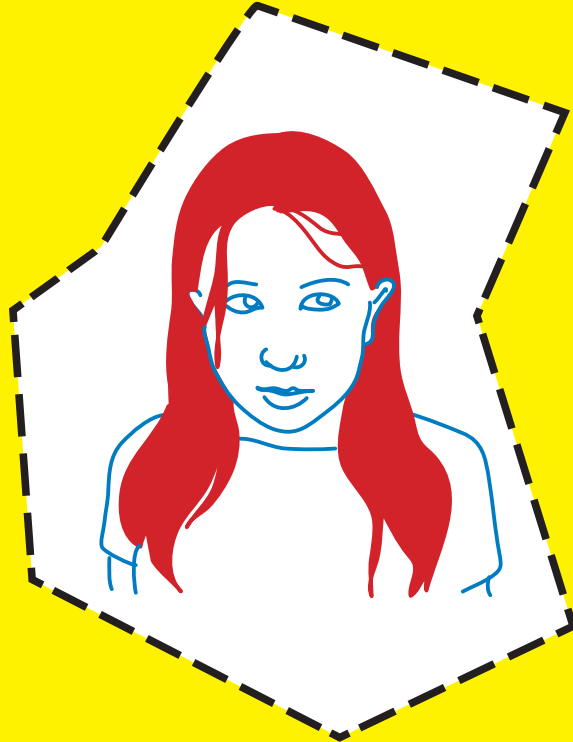


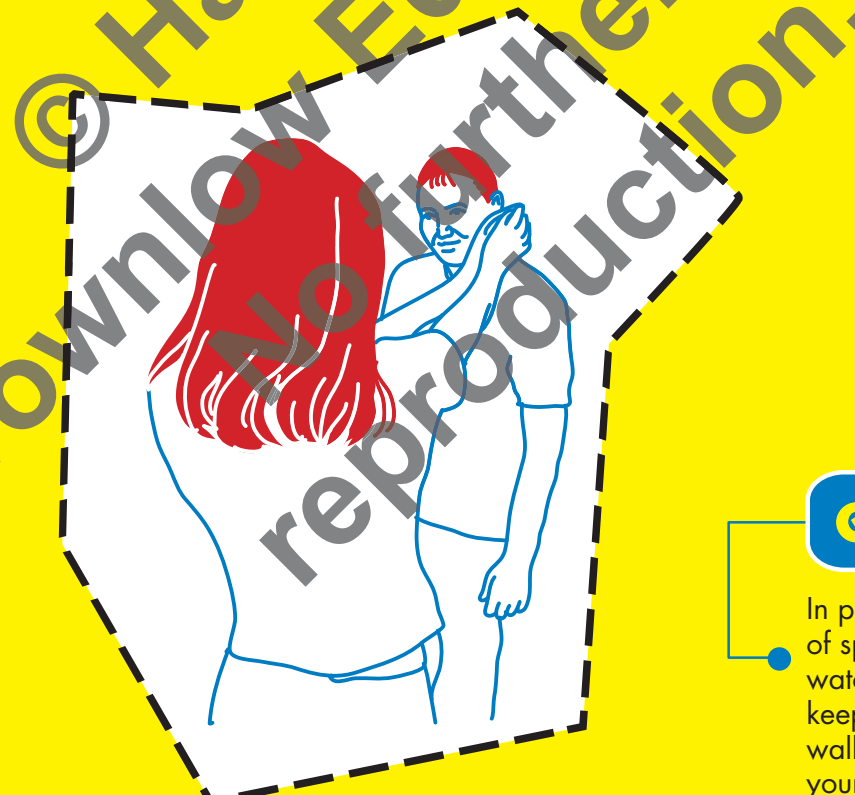
### wandering eyes

Face a partner so you can't touch each other and draw their outline in the air with two hands held together. Follow your hand movements with your eyes only. Keep your head still. Keep your lips and teeth together.



### eyes alive

Play 'Eyes north, south, east and west'. Without moving your head move your eyes up for north, down for south, right for east and left for west. Do it slowly at first, then try it more quickly. Get your teacher to call out the directions as you move your eyes as quickly as possible.



### eye walks

In pairs, go for a walk! Make sure there is lots of space around you and your teacher is watching so you don't fall over. Practise keeping your eyes fixed on one spot as you walk in different directions. Try it by moving your eyes only, without moving your head.

