

# Move it

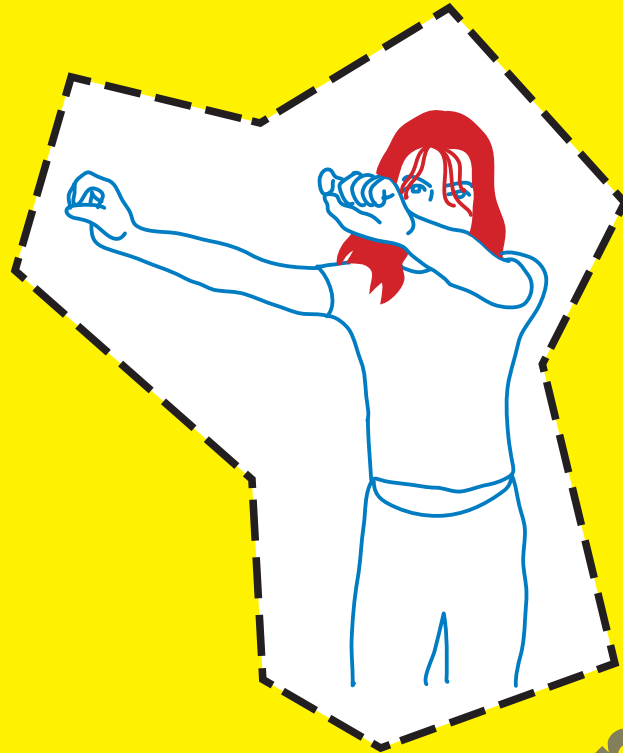
LITTLE  
PHYSICAL MOVEMENT AND LEARNING

6

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## pianos

Play an imaginary piano. Play with both hands and all fingers.



## rounds

With your forefinger and thumb of each hand pinched together, extend your hands out in front of your face and trace large circles in the same direction. Imagine you are drawing on a large sheet of paper out in front of you. Do the same with left and right.



## butterflies

Hold an imaginary butterfly between finger and thumb. Pass it to your other hand and then back and forth gently – it is a butterfly – until each finger has touched the butterfly.