

Multiple Intelligences

Don't ask how intelligent you are, but how are you intelligent?

VERBAL-LINGUISTIC

Argue, debate, explain, discuss, listen, interpret, interview, recite ...

Do you enjoy using language – speaking, listening, reading and/or writing?

LOGICAL-MATHEMATICAL

Analyse, calculate, classify, compute, estimate, formulate, rank ...

Do you enjoy thinking in a logical way – recognising patterns and relationships?

VISUAL-SPATIAL

Demonstrate, draw, graph, illustrate, mind map, model, show ...

Do you know how to create and interpret artistic and visual media?

BODILY-KINESTHETIC

Act, build, divide, experiment, measure, organise, select ...

Do you have a good sense of balance and coordination – using your whole body to express yourself?

MUSICAL-RHYTHMIC

Compose, create, hear, hum, listen, perform, sing, chant, recite ...

Do you enjoy communicating through music, are you sensitive to sound and do you have a good sense of rhythm and harmony?

NATURALIST

Classify, discover, find patterns, grow, locate ...

Do you enjoy being in and discovering the natural world?

INTERPERSONAL

Coach, advise, discuss, mediate, plan, motivate, teach ...

Do you build good relationships and have a sensitivity to the feelings of others?

INTRAPERSONAL

Reflect, rewrite, assess, judge, think, revise, share ...

Do you have a good understanding of your own hopes and goals, your own strengths and weaknesses?

