

Habits of Mind

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Covey, A. & Kegan, S.
2000 Discovering & Exploring Habits of Mind



Gathering data through all the senses

immerse yourself

Thinking and communicating with clarity and precision

spot on

Thinking interdependently

let's work together

Responding with wonderment and awe

awesome

Striving for accuracy

careful checking

Creating, Imagining, Innovating

ideas

Taking responsible risks

have a go

Managing impulsivity

stop and think

Questioning and posing problems

clarifying

Remaining open to continuous learning

exploring

Persisting

stick to it

Thinking flexibly

elastic thinking

Applying past knowledge

linking

Finding humour

enjoyment

Listening with understanding and empathy

caring

Thinking about thinking (metacognition)

reflection

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