

PERSONAL LEARNING



Developing self confidence

- Recognise and build on your strengths.
- Work to improve your weaknesses.
- Learn from your failures and mistakes.
- Develop independence along with responsibility.
- Keep communication lines with friends, teachers and family members open.



Goal setting

- Have hopes and dreams to inspire you.
- Set both long-term and short-term goals.
- Have several plans to achieve your goals.
- Have a mentor and people to encourage you.
- Plan backwards to reach your goals, giving yourself deadlines to accomplish them.



Self-motivation

- Find things you are interested in and want to learn more about.
- Discover your best learning style and learning modality.
- Reward yourself after you accomplish a difficult task.
- Remember effort and hard work are 100 times more important than innate ability.
- Find other people, such as a study partner, to encourage and work with you.



Time management & organisation

- Keep pens, pencils and other stationary in a pencil case which you take to every class.
- Use your diary to write down assignments and important dates.
- Have a plan for completing projects and long-range assignments. Don't put them off until the last minute.
- Have a system for organising exercise books and folders.



- Plan your life to finish schoolwork and homework but also have time for friends, exercise, fun and relaxation.



Study skills

- Read carefully and write down new vocabulary you need to learn.
- Pay attention and take notes when listening.
- Discover and use memorisation techniques that work for you.
- Work to improve the parts you don't understand.
- Use resources such as books and the Internet for research. Think critically to judge the reliability of the information you find.



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