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About this Book

The word puzzles and activities in this book are designed to reinforce Dr. Fry's Instant Word list. Classroom teachers, reading teachers and special education teachers will all find these materials beneficial for their students. The reproducible puzzles and activity sheets can be used to supplement your reading program and other commercial materials. You may find that some of the pages are also useful in preparing students to take standardised tests.

The section called 'How to Use this Book' discusses procedures for introducing the Instant Words to students and for using the various types of activities in this book. You will find it helpful to read through the entire section before using the materials with your students.

The Instant Words

The Instant Words comprise the most important words for reading and writing in the English language. It is absolutely impossible to read or write anything without knowing at least some of these words. The word list is based on research that revealed that 50 per cent of all written material is composed of just the first 100 Instant Words. The first 300 Instant Words make up 65 per cent of all written material. For further information on this list, see *Dr Fry's Spelling Book*.

Students must recognise these words instantly for reading fluency and must spell them rapidly and correctly for writing fluency. Students need and learn many subject matter words as well, like 'monster' and 'helicopter', but the Instant Words are a core vocabulary.

This list is for beginning readers of any age – children or adults. The whole list is usually not mastered until beginning year 3 reading ability is achieved, although some students master it much earlier and others later.

The Instant Words also make an excellent spelling list. If you want more Instant Words, you can find 1000 of them in *Dr Fry's Spelling Book*, levels 1 to 6.

Teaching Strategies

Teachers should be aware that the supplemental reading and writing activities cover three years of ability range. Don't rush a student through these activities. Take plenty of time for oral and silent story reading, comprehension instruction, phonics lessons and a variety of activities for teaching students to read.

Be flexible and let some students or groups go through the activities more rapidly than others. Though a strong feature of these activities is their suggested sequence, you can omit or repeat selected activities or even skip students ahead. Many of the activities can be used in English centres; and the directions can be laminated so they can be reused. You are the director of the most important overall activity, teaching reading.

Name _____

Fry's Instant Word Criterion Test

First Hundred

Quick Survey Test of Words in Units 1-10

Unit 1

1. ___ the
2. ___ of
3. ___ and

Unit 6

26. ___ or
27. ___ one
28. ___ had
51. ___ will
52. ___ up
53. ___ other
76. ___ number
77. ___ no
78. ___ way

4. ___ a
5. ___ to
6. ___ in
7. ___ is
8. ___ you
9. ___ that
10. ___ it

29. ___ by
30. ___ word

Unit 4

31. ___ but
32. ___ not
33. ___ what
34. ___ all
35. ___ were

54. ___ about
55. ___ out
56. ___ many
57. ___ then
58. ___ them
59. ___ these
60. ___ so

Unit 7

61. ___ some
62. ___ her
63. ___ would
64. ___ make
65. ___ like
66. ___ him
67. ___ into
68. ___ time
69. ___ has
70. ___ look

Unit 5

41. ___ there
42. ___ use
43. ___ an
44. ___ each
45. ___ which
46. ___ she
47. ___ do
48. ___ how
49. ___ their
50. ___ if

Unit 9

81. ___ my
82. ___ than
83. ___ first
84. ___ water
85. ___ been
86. ___ call
87. ___ who
88. ___ oil
89. ___ now
90. ___ find

Unit 10

91. ___ long
92. ___ down
93. ___ day
94. ___ did
95. ___ get
96. ___ come
97. ___ made
98. ___ may
99. ___ part
100. ___ over