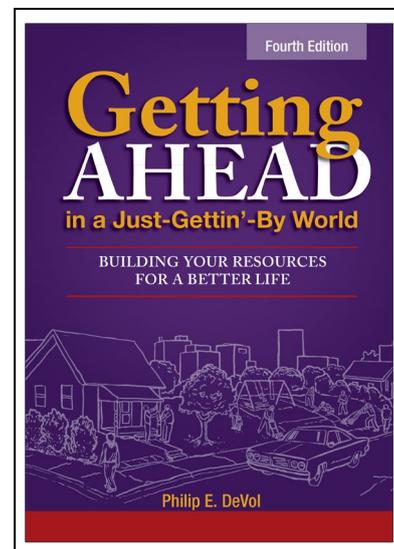


Getting ahead in a just-gettin'-by world

Building your resources for a better life, fourth edition

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Summary

If you've spent part of your life – or most of your life – struggling to get by in the world, the idea of actually getting ahead might seem out of reach. But even if your story has been filled with barriers, vanishing opportunities and setbacks, the next chapter can change all that. Yes, you have to write it, but you don't have to do it alone.

Getting ahead in a just-gettin'-by world takes you step by step through a discovery of yourself like no other. It's not just about how you got where you are now. It's also about what comes next to build the life you want. Plus, this workbook helps you develop relationships with people who will support you all along the way.

You will investigate:

- the realities of conditions in your community and how they impact you
- some of the 'hidden rules' for getting ahead
- skills that give you confidence to do what it takes to get ahead
- how to build resources and make connections at home and at work
- ways to deal with change and create stability in your life.

Other resources

- *Getting ahead in the workplace: Building stability and resources for a better life at work and home, revised edition* (AHA3790)
- *Bridges across every divide: Policy and practices to reduce poverty and build communities* (AHA0904)

- *Bridges to sustainable communities, revised edition: A systemwide, cradle-to-grave approach to ending poverty in America* (AHA8979)
- *Bridges out of poverty: Strategies for professionals and communities* (AHA8834)