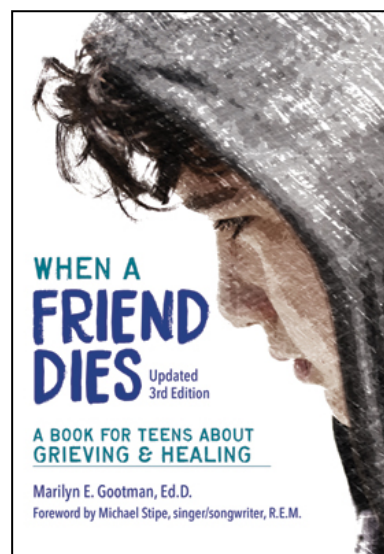


When a Friend Dies: A Book for Teens About Grieving & Healing, Updated Third Edition

Author(s): Marilyn E. Gootman, EdD

Date Available: December 2019
ISBN: 978 1 76094 074 4
Code/SKU: FST0744
RRP: \$21.95
Format/Page No.: A5, 134 pages
Year Level: Year 7, Year 8, Year 9, Year 10, Year 11, Year 12, Teachers and Administrators
Focus Area: Health and Wellbeing
Key Learning Area: Health and Physical Education, Other



Summary

If you are grieving the death of a friend, a classmate or an acquaintance, do something for yourself. Take the time to read this book. It isn't very long, but in its pages you may find the help you need to cope with your sadness and begin to heal.

Author Marilyn Gootman has seen her own children suffer from the death of a friend, and she knows what teenagers go through when another teen dies. Let her genuine understanding, gentle advice and compassionate wisdom guide you through the next few days, weeks or months.

If you're a parent or teacher of a teen who has experienced a painful loss, this book is for you too.

Other Resources

- *Fighting Invisible Tigers: Stress Management for Teens, Revised and Updated Fourth Edition* (FST0737)
- *Weaving Well-Being Series* (gweaving)
- *Stop the Stress in Schools: Mental health strategies teachers can use to build a kinder, gentler classroom* (PBP6302)
- *Mindfulness in the Classroom: Strategies for Promoting Concentration, Compassion and Calm* (120018)