## Teach Students to Manage Their Own Behaviour: Engaging Literacy Experiences About Real-Life Issues, the School DayZ Program

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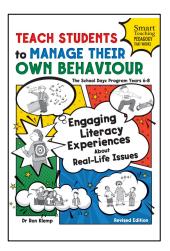
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Year Level: Year 6, Year 7, Year 8 Focus Area: Activities and Exercises,

Behaviour Management

**Key Learning** 

**Area:** Cross-Curricular, English



## **Summary**

Are you looking for a way to reduce the disruptions and discipline problems that steal valuable instructional time?

Here is a program that does just that – using literacy vignettes as vehicles to confront behaviour issues and move from teacher control to student self-management.

The *School DayZ* plan is a collection of stories about the real issues that happen in everyday school life – familiar problems such as rudeness, cheating, bullying, mobile phone use, stealing, harassment, disruptions, lateness, vandalism, peer pressure, anger, fear, discrimination, gossip, fighting, self-destructive behaviour and drug use.

Students discuss an issue, then read and interact with a story about it. They connect the story to their own experiences, reflect on their own attitudes and behaviours and recommend solutions.

The approach is classroom tested. It works! Behaviour improves! Teachers and students testify to positive changes: fewer disruptions, better attendance and greater responsibility – along with increased self-esteem, compassion and sense of belonging.

The School DayZ approach is highly valuable for

- Character education
- Home room
- Leadership classes
- Advisory sessions
- Tutoring programs

## **Other Resources**

- Social-Emotional Learning: Lessons for Developing Decision-Making Skills Years 1–3 (TCR7903)
- Social-Emotional Learning: Lessons for Developing Decision-Making Skills Years 4–6 (TCR7910)
- Mindsets in the Classroom: Building a Culture of Success and Student Achievement in School (PRU7064)

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