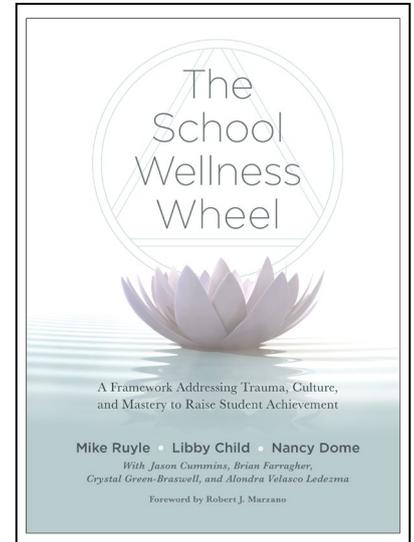


The school wellness wheel

A framework addressing trauma, culture, and mastery to raise student achievement

Mike Ruyle, Libby Child and Nancy Dome

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Summary

Trauma and stress among students are high. To effectively address the cognitive, social and emotional repercussions of these experiences, schools need a structure for building expertise in trauma and responsiveness among teachers. In *The school wellness wheel: A framework addressing trauma, culture, and mastery to raise student achievement*, authors Mike Ruyle, Libby Child and Nancy Dome provide a framework that enables F–12 educators to address student trauma and promote healing and resilience. Teachers and administrators can create a simultaneously safe, supportive and academically rigorous environment by incorporating into their educational practices and procedures the three points on which the school wellness wheel pivots – (1) mastery-based learning, (2) trauma-responsive schooling, and (3) culturally responsive teaching.

With this book, readers will:

- discover how mastery-based learning is closely aligned with trauma-responsive schooling and culturally responsive teaching
- learn how to embody instructional, mindful and ethical leadership
- acquire five steps for implementing the school wellness wheel through either a holistic perspective or a High Reliability Schools™ perspective
- gain advice from educators who have upheld healing and resilience in their schools
- use proficiency scales to assess their school's ability to create cultures of ownership, mastery, learning, connection, empowerment and humanity.

Other resources

- *Responding to student trauma: A toolkit for schools in times of crisis* (FST2328)
- *Trauma-sensitive instruction: Creating a safe and predictable classroom environment* (SOT4360)
- *Teaching hope and resilience for students experiencing trauma: Creating safe and nurturing classrooms for learning* (TCP0850)
- *Relationship, responsibility and regulation: Trauma-invested practices for fostering resilient learners* (119027)
- *Fostering resilient learners: Strategies for creating a trauma-sensitive classroom* (116014)