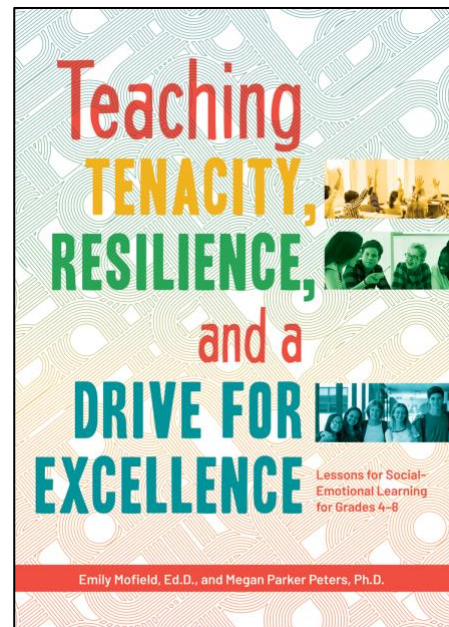


Teaching Tenacity, Resilience, and a Drive for Excellence: Lessons for Social–Emotional Learning for Grades 4–8

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Summary

How can we help students develop resilience to persevere in the face of setbacks? How can we ignite a drive that will inspire them to sustain effort even through difficulty? This book equips teachers to deliberately cultivate psychosocial skills, including self-awareness, problem-solving to deal with setbacks, assertive interpersonal skills and intellectual risk-taking.

By teaching students to be aware of how their thoughts, emotions and behaviours affect their pursuit of excellence, students can learn to tackle challenges and setbacks that they might experience as they reach to achieve. Lessons include engaging activities and curriculum connections, covering topics related to perfectionism, mindset, grit, stress, procrastination, social–emotional intelligence and more.

Other Resources

- *Developing Tenacity: Teaching Learners How to Persevere in the Face of Difficulty (Pedagogy for a Changing World)* (CRH6937)
- *The Formative Five: Fostering Grit, Empathy, and Other Success Skills Every Student Needs* (116043)
- *Grit in the Classroom: Building Perseverance for Excellence in Today's Students* (PRU6718)
- *Fostering Resilient Learners: Strategies for Creating a Trauma-Sensitive Classroom* (116014)
- *The Motivated Brain: Improving Student Attention, Engagement, and Perseverance* (115041)