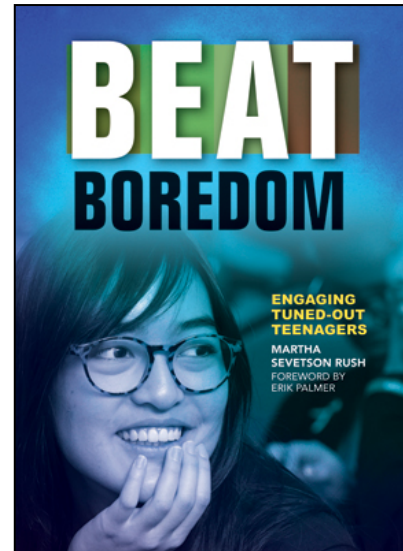


# Beat Boredom: Engaging Tuned-Out Teenagers

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## Summary

Are your students bored in class? According to research, a majority of American high school students report being bored in class and fewer than 5% claimed that they were rarely bored during a typical day in school.

Former journalist and veteran teacher Martha Rush decided this would not do for her students. Moving beyond asking open-ended questions and making connections to their own lives, Martha began to engage her government, journalism and economics classes in meaty discussions, competitions, simulations and authentic work, like running a newspaper or starting a business.

Building on her survey of more than 800 high school graduates, she offers up strategies in all subject areas for active engagement, moving way beyond traditional passive memorisation of information. She describes how to create innovative experiences in your classroom and shares her own lessons and her students' work. *Beat Boredom* will help you join the ranks of teachers who have challenged the status quo and found ways to motivate even the most reluctant learners.

## Other Resources

- *Teach for Attention! A Tool Belt of Strategies for Engaging Students with Attention Challenges* (FST0126)
- *The Quest for Learning: How to Maximise Student Engagement* (SOT5893)
- *Best of the Best: Engagement* (CRH6432)
- *The Motivated Brain: Improving Student Attention, Engagement and Perseverance* (115041)