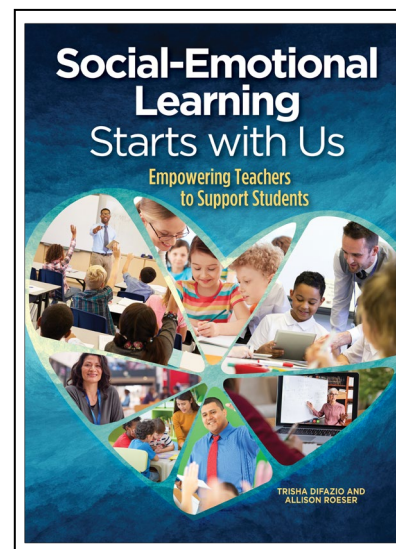


Social-emotional learning starts with us

Empowering teachers to support students

Trisha DiFazio and Allison Roeser

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ISBN	9781760947033
Code/SKU	TCM7033
Price	\$49.95
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Type	Professional development
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Supplementary resources	Download reproducible resources at go.hbe.com.au



Summary

What can teachers do to support their students' social-emotional learning (SEL)? The answer is simple – when educators invest in their own social and emotional wellbeing, they are empowered to teach SEL skills more effectively to their students. In this timely book, the authors explore social-emotional learning through a unique lens that considers both the educator's and the student's needs.

This book examines the key competencies of self-awareness, self-management, responsible decision-making, relationship skills and social awareness, and features the following:

- a thorough discussion of each competency and how to develop it
- captivating stories about the experiences of teachers and students
- personal inventories and reflective activities for educators
- ideas for integrating SEL and mindfulness throughout the day
- chapter summaries and discussion questions
- engaging SEL activities and reproducible pages to use with students.

Other resources

- *The metacognitive student: How to teach academic, social, and emotional intelligence in every content area* (SOT4412)
- *Relationships make the difference: Connect with your students and help them build social, emotional, and academic skills* (PBP3035)
- *Creating social and emotional learning environments* (TCM3721)
- *All learning is social and emotional: Helping students develop essential skills for the classroom and beyond* (119033)